

**MAYO COLLEGE****MESS MENU SEPT 2025 (first and third week)**

<b>Meals</b>	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>
<b>Morning Milk</b>		<ul style="list-style-type: none"> <li>• Tea &amp; Milk</li> <li>• Biscuits</li> </ul>	<ul style="list-style-type: none"> <li>• Tea &amp; Milk</li> <li>• Biscuits</li> </ul>	<ul style="list-style-type: none"> <li>• Tea &amp; Milk</li> <li>• Biscuits</li> </ul>
<b>Breakfast</b>	<ul style="list-style-type: none"> <li>• Brunch buffet in senior School</li> <li>• Special breakfast and Lunch in junior School</li> </ul>	<ul style="list-style-type: none"> <li>• Masala Upma</li> <li>• Masala Omelet/Bread Pakoda</li> <li>• Toast, Butter, Jam, Sauce</li> <li>• Chana Sprouts</li> <li>• Milk</li> <li>• Fresh Fruit</li> <li>• Tea for Staff</li> </ul>	<ul style="list-style-type: none"> <li>• Poha</li> <li>• Idli-Sambhar-Chutney</li> <li>• Brown Bread, Butter, Jam, Sauce</li> <li>• Milk</li> <li>• Fresh Fruit</li> <li>• Tea for Staff</li> </ul>	<ul style="list-style-type: none"> <li>• Savory Vermicelli</li> <li>• Chicken Nuggets/Potato Bites</li> <li>• Fried Egg/ Cheese Toast</li> <li>• Toast, Butter, Jam &amp; Sauce</li> <li>• Milk</li> <li>• Fresh Fruit</li> <li>• Tea for staff</li> </ul>
<b>Short Break</b>		<ul style="list-style-type: none"> <li>• Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Fruit</li> </ul>
<b>Lunch</b>		<ul style="list-style-type: none"> <li>• Chicken/Paneer Masala</li> <li>• Arhar Dal Tadka</li> <li>• Aloo Beans</li> <li>• Butter Naan &amp; Rice</li> <li>• Curd</li> <li>• Green Salad</li> <li>• Ice cream</li> </ul>	<ul style="list-style-type: none"> <li>• Pindi Chole</li> <li>• Jeera Aloo</li> <li>• Dahi Vada with saunth</li> <li>• Bhatura/Kulcha &amp; Rice</li> <li>• Green Chutney</li> <li>• Kachumber Salad</li> <li>• Sweet Boondi</li> </ul> <p>(Daal Bati Churma third Tuesday)</p>	<ul style="list-style-type: none"> <li>• Kadai Chicken/Kadhai Paneer</li> <li>• Moong Masoor dal</li> <li>• Lauki with Curd</li> <li>• Plain Rice/Chapati</li> <li>• Boondi Raita</li> <li>• Koshmbir Salad</li> <li>• Ice-Cream</li> </ul>
<b>Evening Refreshment</b>	<ul style="list-style-type: none"> <li>• Veg Kathi Roll</li> <li>• Virgin Mojito</li> </ul>	<ul style="list-style-type: none"> <li>• Samosa</li> <li>• Roohafza</li> </ul>	<ul style="list-style-type: none"> <li>• Bhel Puri</li> <li>• Ice Tea</li> </ul>	<ul style="list-style-type: none"> <li>• Tringa sandwich</li> <li>• Lemon Squash</li> </ul>
<b>Dinner</b>	<ul style="list-style-type: none"> <li>• Matar Paneer</li> <li>• Bhindi do payaza</li> <li>• Dal Tadka</li> <li>• Rice &amp; Chapati</li> <li>• Green Salad</li> <li>• Agra Petha</li> </ul>	<ul style="list-style-type: none"> <li>• Veg Kohlapuri</li> <li>• Palak Corn</li> <li>• Hari Moong Dal</li> <li>• Mutter Pulao &amp; Chapati</li> <li>• Green Salad</li> <li>• Besan laddoo</li> </ul>	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Veg and Cheeseburger</li> <li>• Maggi Noodles</li> <li>• French Fries</li> <li>• Garlic Bread</li> <li>• Brownie/Fruit Custard</li> </ul>	<ul style="list-style-type: none"> <li>• Dum Aloo</li> <li>• Mix Vegetable</li> <li>• Dal Panchratni</li> <li>• Bhutta Pulao</li> <li>• Chapati</li> <li>• Green salad</li> <li>• Makhan Bada</li> </ul>
<b>Night Milk</b>	<ul style="list-style-type: none"> <li>• Complain Milk,</li> <li>• Roasted Fox Nuts</li> </ul>	<ul style="list-style-type: none"> <li>• Milk</li> <li>• Oreo Biscuits</li> </ul>	<ul style="list-style-type: none"> <li>• Milk</li> <li>• Soya Sticks</li> </ul>	<ul style="list-style-type: none"> <li>• Milk</li> <li>• Hide and Seek</li> </ul>

<u>Meals</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<b>Morning Milk</b>	<ul style="list-style-type: none"> <li>• Tea &amp; Milk</li> <li>• Biscuits</li> </ul>	<ul style="list-style-type: none"> <li>• Tea &amp; Milk</li> <li>• Biscuits</li> </ul>	<ul style="list-style-type: none"> <li>• Tea &amp; Milk</li> <li>• Biscuits</li> </ul>
<b>Breakfast</b>	<ul style="list-style-type: none"> <li>• Masala Oats</li> <li>• Cheese Omelet/Peas Paneer Cutlet</li> <li>• Nutella sandwich</li> <li>• Toast, Butter, Honey &amp; Sauce</li> <li>• Milk</li> <li>• Fresh Fruit</li> <li>• Tea for Staff</li> </ul>	<ul style="list-style-type: none"> <li>• Poha</li> <li>• Boiled Egg/ Aloo Kofta</li> <li>• Chutney Sandwich and Sprouts</li> <li>• Bread, Butter, Jam &amp; Sauce</li> <li>• Milk</li> <li>• Fresh Fruit</li> <li>• Tea for Staff</li> </ul>	<ul style="list-style-type: none"> <li>• Chocos with Milk</li> <li>• Chicken Sausage/Veg Cutlet</li> <li>• French Toast /Besan Toast</li> <li>• Sprout salad</li> <li>• Bread, Peanut Butter, Jam &amp; Sauce</li> <li>• Fresh Fruit</li> <li>• Tea for Staff</li> </ul>
<b>Short Break</b>	<ul style="list-style-type: none"> <li>• Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Fruit</li> </ul>
<b>Lunch</b>	<ul style="list-style-type: none"> <li>• Rajmah masala</li> <li>• Aloo Matar Dry</li> <li>• Dahi Vada with Saunth</li> <li>• Rice &amp; Chapati</li> <li>• Salad</li> <li>• Motichur Ladoo</li> </ul>	<ul style="list-style-type: none"> <li>• Laal Maas/Paneer Butter Masala</li> <li>• Dal Moong Masoor</li> <li>• Cabbage Matar Tamatar</li> <li>• Roomali Roti &amp; Rice</li> <li>• Veg Raita</li> <li>• Green Salad</li> <li>• Ice cream</li> </ul>	<ul style="list-style-type: none"> <li>• Keema Kofta/Matar Paneer</li> <li>• Moong masoor dal</li> <li>• Gwarfali Kachra</li> <li>• Rice &amp; Chapati</li> <li>• Kheera Raita</li> <li>• Salad</li> <li>• Kala Jamun</li> </ul>
<b>Evening Refreshment</b>	<ul style="list-style-type: none"> <li>• Vada Pao</li> <li>• Lemon Tang</li> </ul>	<ul style="list-style-type: none"> <li>• Mathri</li> <li>• Orange Squash</li> </ul>	<ul style="list-style-type: none"> <li>• Dal Kachori</li> <li>• Lemonade</li> </ul>
<b>Dinner</b>	<ul style="list-style-type: none"> <li>• Chicken Biryani</li> <li>• Veg and Paneer Biryani</li> <li>• Daal Makhani</li> <li>• Salad and Boondi Raita</li> <li>• Chapati</li> <li>• Besan Burfi</li> </ul>	<ul style="list-style-type: none"> <li>• Kadhi Pakori</li> <li>• Aloo Gujrati</li> <li>• Gobhi Matar</li> <li>• Chapati &amp; Rice</li> <li>• Green salad</li> <li>• Kears Bati</li> </ul>	<ul style="list-style-type: none"> <li>• Aloo Chole</li> <li>• Dum Aloo</li> <li>• Bhutte Ki Subzi</li> <li>• Jeera Pulao and Chapati</li> <li>• Green Salad</li> <li>• Elaichi kheer</li> </ul>
<b>Night Milk</b>	<ul style="list-style-type: none"> <li>• Milk,</li> <li>• Punjabi Tadka</li> </ul>	<ul style="list-style-type: none"> <li>• Milk</li> <li>• Oreo Biscuits</li> </ul>	<ul style="list-style-type: none"> <li>• Milk</li> <li>• Salted Peanut</li> </ul>

**Remarks:**

1. Extra Diet for those who are in the School Term for 20 days prior to the tournament and for 10 days during the Competitions or recommendation of Doctor.
2. Fruits to be served as per availability.
3. Nimbupani, Chach or Keri Pani etc. to be served daily.
4. Coffee, Bournvita served separately with night Milk.

**Mr. Manoj Kumar Pareek  
Bursar**

**MAYO COLLEGE**  
**MESS MENU SEPT 2025 (second and fourth week)**

<u>Meals</u>	<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>
<b>Morning Milk</b>	<ul style="list-style-type: none"> <li>• Tea &amp; Milk</li> <li>• Biscuits</li> </ul>	<ul style="list-style-type: none"> <li>• Tea &amp; Milk</li> <li>• Biscuits</li> </ul>	<ul style="list-style-type: none"> <li>• Tea &amp; Milk</li> <li>• Biscuits</li> </ul>	<ul style="list-style-type: none"> <li>• Tea &amp; Milk</li> <li>• Biscuits</li> </ul>
<b>Breakfast</b>	<ul style="list-style-type: none"> <li>• Brunch buffet in Senior School</li> <li>• Special breakfast and Lunch in Junior School</li> </ul>	<ul style="list-style-type: none"> <li>• Saboot Dana Khichidi</li> <li>• Aloo Sandwich/Cheese Omelette</li> <li>• Sprouts</li> <li>• Bread, Butter, Jam- Honey &amp; Sauce</li> <li>• Fresh Fruit</li> <li>• Milk/Tea for Staff</li> </ul>	<ul style="list-style-type: none"> <li>• Poha</li> <li>• Kadi Kachori with Saunth or Vada Sambhar with Chutney</li> <li>• Brown Bread, Butter, Jam &amp; Sauce</li> <li>• Coffee Milk</li> <li>• Fresh Fruit</li> <li>• Tea for Staff</li> </ul>	<ul style="list-style-type: none"> <li>• White oats with Milk</li> <li>• Chicken Nuggets/Potato Bites</li> <li>• Kala Chana and Nutella Sandwich</li> <li>• Bread, Butter, Jam &amp; Sauce</li> <li>• Fresh Fruit</li> <li>• Tea for Staff</li> </ul>
<b>Short Break</b>		<ul style="list-style-type: none"> <li>• Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Fruit</li> </ul>
<b>Lunch</b>		<ul style="list-style-type: none"> <li>• Chicken /Paneer Lababdar</li> <li>• Dal Tadka (Sabut Masoor)</li> <li>• Mangodi Payaz</li> <li>• Rice/Tandoori roti</li> <li>• Raita</li> <li>• Salad</li> <li>• Ice cream</li> </ul>	<ul style="list-style-type: none"> <li>• Aloo Bhaji</li> <li>• Kashipahal/Kathal</li> <li>• Chana Dal dry</li> <li>• Boondi Raita</li> <li>• Poori and Pulao</li> <li>• Salad</li> <li>• Gulab jamun</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Masala/Paneer Masala</li> <li>• Mix dal</li> <li>• Tinda Masala</li> <li>• Pulao &amp; Chapati</li> <li>• Raita and Salad</li> <li>• Ice cream</li> </ul>
<b>Evening Refreshment</b>	<ul style="list-style-type: none"> <li>• Veg Burger</li> <li>• Lemon squash</li> </ul>	<ul style="list-style-type: none"> <li>• Samosa</li> <li>• Orange Tang</li> </ul>	<ul style="list-style-type: none"> <li>• Muffin</li> <li>• Roohafza</li> </ul>	<ul style="list-style-type: none"> <li>• Veg Pakora</li> <li>• Squash</li> </ul>
<b>Dinner</b>	<ul style="list-style-type: none"> <li>• Paneer Capsicum Bhurji</li> <li>• Aloo Rogan Josh</li> <li>• Dal Arhar Tadka</li> <li>• Rice &amp; Chapati</li> <li>• Salad</li> <li>• Besan Burfi</li> </ul>	<ul style="list-style-type: none"> <li>• Aloo Matar</li> <li>• Corn palak</li> <li>• Dal Maharani</li> <li>• Rice</li> <li>• Chapati and Salad</li> <li>• Makhanbada</li> </ul>	<ul style="list-style-type: none"> <li>• Tomato Cheese Soup</li> <li>• Wai Wai Noodles</li> <li>• Cheese Pizza</li> <li>• Dal and Rice</li> <li>• Potato Wedges</li> <li>• Cabbage Salad</li> <li>• Black forest pastry</li> </ul>	<ul style="list-style-type: none"> <li>• Rajma Masala</li> <li>• Aloo Jeera with Methi</li> <li>• Matar Mushroom</li> <li>• Boondi Raita</li> <li>• Rice and Chapati</li> <li>• Salad</li> <li>• Sweet Boondi/Doodh ladoo</li> </ul>
<b>Night Milk</b>	<ul style="list-style-type: none"> <li>• Milk,</li> <li>• Biscuit Chocolate Biscuits</li> </ul>	<ul style="list-style-type: none"> <li>• Milk</li> <li>• Aloo Bhujia</li> </ul>	<ul style="list-style-type: none"> <li>• Milk</li> <li>• Biscuit bourbon</li> </ul>	<ul style="list-style-type: none"> <li>• Milk</li> <li>• Hide and Seek</li> </ul>

<u>Meals</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<b>Morning Milk</b>	<ul style="list-style-type: none"> <li>• Tea &amp; Milk</li> <li>• Biscuits</li> </ul>	<ul style="list-style-type: none"> <li>• Tea &amp; Milk</li> <li>• Biscuits</li> </ul>	<ul style="list-style-type: none"> <li>• Tea &amp; Milk</li> <li>• Biscuits</li> </ul>
<b>Breakfast</b>	<ul style="list-style-type: none"> <li>• Masala Seviya</li> <li>• Masala Omlete/Bread Roll</li> <li>• Sprout salad</li> <li>• Bread, Peanut Butter, Jam and Sauce</li> <li>• Milk</li> <li>• Fresh Fruit</li> <li>• Tea for Staff</li> </ul>	<ul style="list-style-type: none"> <li>• Upma</li> <li>• Cheese Sandwich</li> <li>• Egg Pakora / Aloo Bonda</li> <li>• Lobiya Sprouts and Hari Chutney</li> <li>• Bread, Butter, Jam and Sauce</li> <li>• Fresh Fruit</li> <li>• Milk</li> <li>• MilkTea for Staff</li> </ul>	<ul style="list-style-type: none"> <li>• Chocos with Milk</li> <li>• Cheese Chilli Toast &amp; Veg cutlet</li> <li>• Chicken Sausage &amp; Fried egg</li> <li>• Bread, Butter, Jam- Honey and Sauce</li> <li>• Fresh Fruit</li> <li>• Tea for Staff</li> </ul>
<b>Short Break</b>	<ul style="list-style-type: none"> <li>• Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Fruit</li> </ul>
<b>Lunch</b>	<ul style="list-style-type: none"> <li>• Matar Paneer</li> <li>• Gwarfali Aloo</li> <li>• Dahi Pakori with Saunth</li> <li>• Dal Moong Masoor</li> <li>• Corn Pulao &amp; Parantha</li> <li>• Salad</li> <li>• Kala Jamun</li> </ul>	<ul style="list-style-type: none"> <li>• Seekh Kebab/Soya Chap Masala</li> <li>• Arbi Dry with Methi</li> <li>• Dal Panchratni</li> <li>• Rice &amp; Chapati</li> <li>• Curd</li> <li>• Salad</li> <li>• Doodh ladoo</li> </ul>	<ul style="list-style-type: none"> <li>• Butter chicken\Paneer Butter masala</li> <li>• Baigan Bharta</li> <li>• Mix dal</li> <li>• Rice and Butter naan</li> <li>• Curd</li> <li>• Salad</li> <li>• Ice cream</li> </ul>
<b>Evening Refreshment</b>	<ul style="list-style-type: none"> <li>• Chutney Sandwich</li> <li>• Lemon tang</li> </ul>	<ul style="list-style-type: none"> <li>• Bhel puri</li> <li>• Iced tea</li> </ul>	<ul style="list-style-type: none"> <li>• Daal Kachori</li> <li>• Orange Tang</li> </ul>
<b>Dinner</b>	<ul style="list-style-type: none"> <li>• Hot and Sour Soup</li> <li>• Veg Noodles and Fried Rice</li> <li>• Chili Paneer/Chilli Chicken</li> <li>• Veg Manchurian</li> <li>• Garlic Bread, Butter and Sauce</li> <li>• Swiss Roll ( Daal and Rice)</li> </ul>	<ul style="list-style-type: none"> <li>• Dum Aloo</li> <li>• Veg Jhalfrezi</li> <li>• Dal makhani</li> <li>• Pulao and Chapati</li> <li>• Green Salad</li> <li>• Jalebi</li> </ul>	<ul style="list-style-type: none"> <li>• Pitod Curry</li> <li>• Daal Urad Chana</li> <li>• Aloo Gobhi</li> <li>• Mutter Pulao and Chapati</li> <li>• Salad</li> <li>• Sevian Kheer</li> </ul>
<b>Night Milk</b>	<ul style="list-style-type: none"> <li>• Milk,</li> <li>• Lite Mixture</li> </ul>	<ul style="list-style-type: none"> <li>• Milk</li> <li>• Cheese Biscuit</li> </ul>	<ul style="list-style-type: none"> <li>• Milk</li> <li>• Salted Peanut</li> </ul>

**Remarks:**

1. Extra Diet for those who are in the School Term for 20 days prior to the tournament and for 10 days during the Competitions or recommendation of doctor.
2. Fruits to be served as per availability.
3. Nimbupani, Chach, Keri Pani etc to be served daily
4. Coffee, Bournvita served separately with night Milk.

Mr. Manoj Kumar Pareek  
Bursar

